



万扇塾

BAN  
SEN  
JUKU

VZW / ASBL

International  
Traditional  
Nippon  
Budo Culture  
School

•  
Aikikai -  
Kansai HQ  
Osaka Aikikai  
Foundation  
International



ZEN

坐禅会

**ZAZEN SESSION**

Sit quietly and breathe so as to know who I am

**Saturday 24 November 2018**

**14:30 - 16:00**

**Price: Members €7,50 - Non-members €10**

**Home Base Dojo**

Rue de la Glacière 18 - 1060 Brussels (Ma Campagne)

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